

drinks

Soft Drinks

Coke, Diet Coke, Mr. Pibb,
Sprite, Lemonade (free refills)\$2.25
To Go Soft Drinks (24oz. cup)\$2.00
Thomas Kemper Root Beer,
Black Cherry & Orange Cream\$2.25
San Pellegrino\$1.25
Crystal Geyser.....\$1.00

Cold Beer

Selection of domestic, microbrew
and imported beers

California Wines

Le Bon Vin Chardonnay.....\$4.50
Sterling Chardonnay.....\$5.95
Pinot Grigio (Italy)\$5.25
Le Bon Vin Cabernet.....\$4.50
Sterling Merlot.....\$5.95

treats

Cookies (assorted).....\$1.75
Rice Krispy Treats\$1.95

locations

Midtown

(20th & Capitol)
1230 20th Street
916 444-0307

Loehmann's Plaza

(Fair Oaks & Fulton Ave.)
2535 Fair Oaks Blvd.
916 481-5225

Natomas

(Natomas Blvd. & Del Paso Rd.)
4730 Natomas Blvd.
916 515-4910

Folsom

(Broadstone Marketplace)
2756 East Bidwell Street
916 984-5553



salads

Chinese Chicken Salad \$7.95

Grilled chicken, Asian lettuce mix, crisp rice noodles, Mandarin oranges, red bell pepper, carrots, jicama, and cucumber, with plum vinaigrette.

Spicy Buffalo Salad \$8.50

Crisp fried spicy chicken, romaine, apples, honey-glazed walnuts, carrots, and celery with blue cheese dressing.

New Steak Salad \$8.50

Grilled tri-tip, mixed greens, blue cheese, sun dried cranberries, rosemary croutons, and red onion with balsamic vinaigrette.

Southern Fried Chicken Salad \$8.25

Crisp fried chicken breast dipped in honey BBQ sauce, romaine, honey-glazed walnuts, red onions, celery, carrots and house-made ranch dressing.

New Thai Salmon Salad \$8.95

Fresh Atlantic salmon glazed & served chilled, mixed greens, bean sprouts, cucumber, carrots, crisp wontons, and grapefruit with Thai sesame vinaigrette.

Santa Fe Chicken Salad \$7.95

Grilled chicken, romaine, fire roasted red bell pepper, jicama, corn, black beans, tomato, and tortilla strips with tequila lime dressing.

Caesar Salad Half \$5.75 Full \$6.75

Romaine, rosemary croutons, Parmesan cheese, with our award-winning house made Caesar dressing.

Grilled Chicken Add: \$1.25

create your own

salad Half \$5.75 Full \$6.75

Add chargrilled Tri-tip or Chicken \$2.00

- 1 Lettuce** Mixed greens, Romaine, Spinach
- 2 Dressing** Gorgonzola Vinaigrette, Honey Dijon, Caesar Blue Cheese, Ranch, Balsamic Vinaigrette
- 3 Toppings** choose six:

broccoli	sweet corn	blue cheese
cucumber	honey-glazed walnuts	red bell pepper
grilled mushrooms	tofu	celery
beets	grape tomatoes	fuji apple
kidney-garbanzo beans	red onion	sun dried cranberries
pepperoncini	peas	jicama
carrots	fresh baked croutons	fire roasted red peppers

sandwiches

Add fries or mashed potatoes to any sandwich \$1.50

Jack's Classic \$6.75

- Chargrilled Tri-Tip
- Oven Roasted Turkey
- Chargrilled Marinated Chicken Breast

All classic sandwiches include caramelized onions, leaf lettuce, tomato, mayo & honey mustard on Jack's fresh baked roll.

BBQ Tri-Tip Sandwich \$7.50

Chargrilled Tri-tip, chipotle-mango barbeque sauce, crisp onion ring, smoked cheddar cheese, leaf lettuce, tomato, & mayo on a ciabatta roll.

New Spicy Buffalo Sandwich \$6.95

Crisp fried chicken breast, dipped in house-made Buffalo sauce with blue cheese, red onion, lettuce, tomato & mayo.

Hawaiian Chicken Sandwich \$6.95

Teriyaki grilled chicken breast, seared pineapple, Swiss cheese, leaf lettuce, onion, tomato & mayo.

New Hot Pastrami Reuben \$6.95

Thin-sliced pastrami, Swiss cheese, whole grain mustard and sauerkraut on a grilled light rye roll.

Club Sandwich \$6.95

Turkey or chicken, Swiss cheese, crisp bacon, avocado, leaf lettuce, red onion, tomato, mayo & honey mustard.

New California Cheese Steak \$7.50

Chargrilled Tri-tip, pepper jack cheese, sauteed mushrooms, roasted peppers & onions, spicy aioli on a ciabatta roll.

Pork Carnitas Sandwich \$6.75

Pork slow simmered in Mexicali spices and Ortega chilis, cheddar cheese, leaf lettuce, tomato & chipotle aioli.

BBQ Chicken Sandwich \$6.95

Chargrilled chicken breast, chipotle-mango barbeque sauce, crisp onion ring, smoked cheddar cheese, leaf lettuce, tomato, & mayo on a ciabatta roll.

chicken strips

Chicken Strips \$7.50

Crisp fried chicken breast with BBQ & ranch dipping sauce. Served with fries.

Kids Chicken Strips \$4.50

Children 10 and under.

french fries

French Fries

with any sandwich \$1.50
family \$3.25

Garlic Fries

family \$2.95
\$4.75

Urban Fries

(with blue cheese & spicy chili oil) \$2.95
family \$4.75

Onion rings \$3.95

carved meats

Chargrilled Tri-Tip \$4.95

Oven Roasted Turkey \$4.50

Chargrilled Chicken Breast \$4.50

sides

Mashed Potatoes

regular or flavored \$2.75
with any sandwich \$1.50

Mac & Cheese \$2.75

Seasonal Veggies \$2.75

Soup-of-the-Day \$2.50

cup \$2.50
bowl \$3.50

Fresh Baked Bread .40

Baked Cheese Bread .75